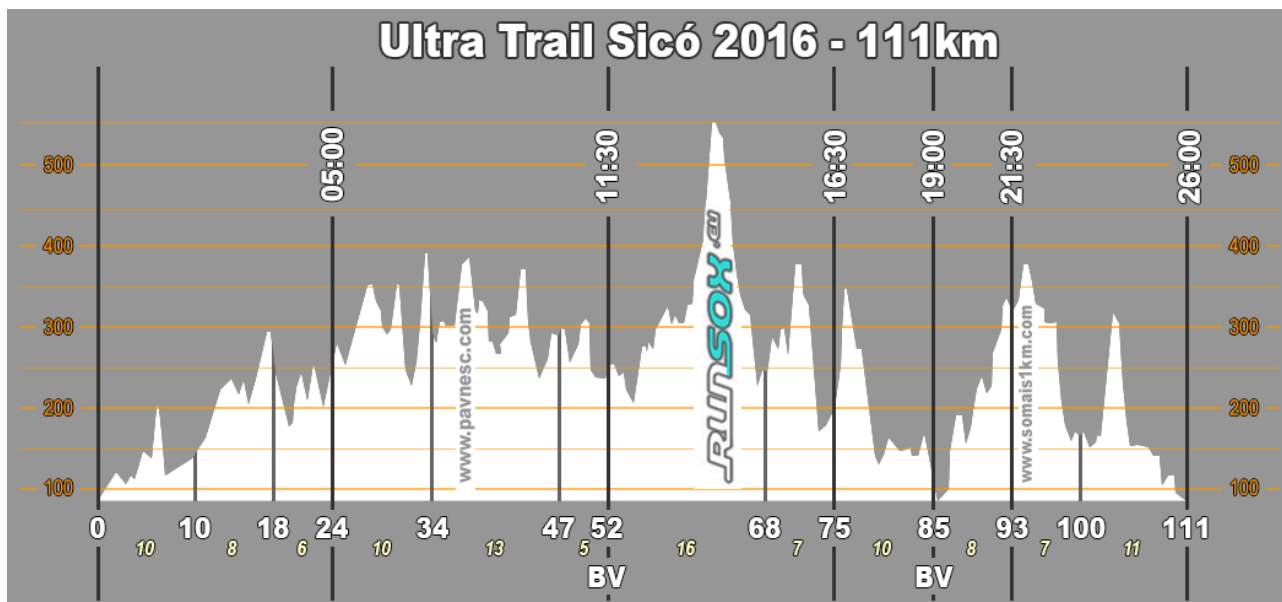


Ultra Trail Sicó 2016 - 111km



Ultra Trail Sicó 2016 - 111km															
Previsão de tempo de passagem															
Tempo	Nome	KM	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00
	Beiçudo	10 10	01:20	01:25	01:30	01:35	01:40	01:45	01:50	01:55	02:00	02:05	02:10	02:15	02:20
	Podentes	18 8	02:24	02:33	02:42	02:51	03:00	03:09	03:18	03:27	03:36	03:45	03:54	04:03	04:12
05:00	Penela	24 6	03:12	03:24	03:36	03:48	04:00	04:12	04:24	04:36	04:48	05:00	05:12	05:24	05:36
	Casas Novas	34 10	04:32	04:49	05:06	05:23	05:40	05:57	06:14	06:31	06:48	07:05	07:22	07:39	07:56
	Alvorge	47 13	06:16	06:39	07:03	07:26	07:50	08:13	08:37	09:00	09:24	09:47	10:11	10:34	10:58
(BV) 11:30	Santiago da Guarda	52 5	06:56	07:22	07:48	08:14	08:40	09:06	09:32	09:58	10:24	10:50	11:16	11:42	12:08
	Pousadas Vedras	68 16	09:04	09:38	10:12	10:46	11:20	11:54	12:28	13:02	13:36	14:10	14:44	15:18	15:52
16:30	Polos	75 7	10:00	10:37	11:15	11:52	12:30	13:07	13:45	14:22	15:00	15:37	16:15	16:52	17:30
(BV) 19:00	Tapheus	85 10	11:20	12:02	12:45	13:27	14:10	14:52	15:35	16:17	17:00	17:42	18:25	19:07	19:50
21:30	Casmilo	93 8	12:24	13:10	13:57	14:43	15:30	16:16	17:03	17:49	18:36	19:22	20:09	20:55	21:42
	Zambujal	100 7	13:20	14:10	15:00	15:50	16:40	17:30	18:20	19:10	20:00	20:50	21:40	22:30	23:20
26:00	Condeixa-a-Nova	111 11	14:48	15:43	16:39	17:34	18:30	19:25	20:21	21:16	22:12	23:07	00:03	00:58	01:54